

Peanut Safe Snack List

At any time, food companies can change a product ingredient list. Always check labels to be sure. Some products are ok at one store, and at another store they have a peanut/tree nut warning because they are manufactured in a different facility. Companies have multiple locations and different products at each factory location. A good example is the Special K Bars (strawberry flavor), if you buy the Special K Bars (strawberry flavor) at Wal-Mart they do not contain an allergy warning, but if you purchase these bars at festival, CVS pharmacy, or Walgreens it contains a peanut warning.

Crackers	Bars
<ul style="list-style-type: none"> ● Honey Maid Graham Crackers ● Goldfish Baked crackers. (Check labels of different flavors for new allergy alerts, Otherwise all flavors are safe) ● Ritz Crackers (All flavors are safe) ● Ritz Crisp & Thins & Toasted Chips (All Flavors are safe) ● Chex Mix Original and Cheddar ● Wheat Thins (All flavors are safe) ● Cheez It Crackers (All flavors are safe) ● Cheez It Snap'd, Grooves, and Duoz (All flavors are safe) ● Snack Factory Pretzel Crisps: (Original, Garlic Parmesan, Sesame, Garden Vegetable, Buffalo Wings, Everything Bagel, and Cheddar Cheese) ● Brownie Brittle by Sheila G's. Flavors: (Original, Chocolate chunk, Carmel, and Mint Chocolate) ● Nilla Wafers by Nabisco ● Triscuit (All flavors are safe) ● Kellogg's Scooby-Doo Graham Crackers 	<ul style="list-style-type: none"> ● Nature's Bakery Bars ● Pop-tarts, Pop-tart Crisps, and Pop-Tart bites. (Please always read labels for this product. Majority of flavors are safe, but a few are produced with peanut butter.) ● Nutri-Grain Bars ● Kellogg's 100 Calorie Pastry Crisps ● Rice Crispy Treats - Original Flavor <div data-bbox="1045 831 1279 1066" style="text-align: center;"> </div>
Chips	Drinks
<ul style="list-style-type: none"> ● Lay's Stax, Poppables, Baked, and regular chips in all flavors ● Sun Chips ● Cheetos ● Cheeto puffs ● Dorito's (All flavors) ● Ruffles (All flavors) ● Old Dutch in all flavors (Exception pretzels labels always need checked) ● Utz Cheddar Balls ● Pop Secret Popcorn ● Act II Popcorn ● Pringles 	<ul style="list-style-type: none"> ● Majority of juice boxes are safe: Hugs, Kool-Aid, and Capri Sun's are great options. (Always check the label) ● All pop is safe ● Majority of milk is safe (Check labels on the flavored milks) ● Gatorade ● Propel ● Bottled water

Candy/Miscellaneous

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| <ul style="list-style-type: none"> ● Full size Hershey bars ● Charleston Chews all sizes and flavors ● Hershey kisses. Please read labels. (New flavors may not be nut free) ● Skittles ● Fun Dip ● Life savers ● Nerds ● Haribo gummies ● Airheads ● Dum Dum suckers ● Tootsie brand Suckers ● Laffy Taffy ● Gushers ● Now and Later Candy ● Ring Pop ● Push Pops ● Twizzlers ● Tootsie brand candy. Always check packaging. Sometimes items are repackaged in an unsafe facility. Example the Tootsie brand candy is not safe at Fleet Farm since the candy has been repackaged in their facility. ● Sugar Babies ● Twizzlers ● Jelly Belly ● Hershey-ets (they look like M&M's) ● Enjoy Life candies ● Hot Tamales ● Roll ups ● Gushers ● Mott's fruit snacks ● Fruit by the foot ● Lunch Buddies fruit snacks from Aldi ● Yum Earth Fruit snacks ● Welch's fruit snacks ● Kellogg's fruit snacks ● Simply Nature Fruit Strips | <ul style="list-style-type: none"> ● Dots ● Tootsie Rolls ● AirHead Xtremes ● Airheads ● Free2B Sunbutter Cups ● Sour Patch Kids ● Swedish Fish ● Charms mini pops ● Smarties ● Cow Tales ● YumEarth ● Blow Pop ● Milk Duds ● Red Vines ● Mike n Ike ● Sixlets ● Gobstoppers ● Sweetarts ● Starbursts ● Double Bubble ● Junior Mints ● Rolo's. Always check packaging since repackaging can make these not safe. Hersheys always lists if peanuts are in the safe facility. ● Andes Mints ● Pixi Stix ● Jolly Ranchers ● Caramel Apple Pops ● Sour Punch Twists ● Del Monte fruit cups ● Go Go Squeeze applesauce ● Simply Nature apple sauce pouches (squeezies) ● Majority of Cheese sticks are safe. Check labels. ● Fruit ● Veggies ● Musselman applesauce cups ● Fig newton ● Snack Pack pudding and jello |
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Cakes & Cookies

- Hostess: Mini Muffins, Triple Chocolate Brownies, Zingers, Cupcakes, Fruit Pies, Donettes, and Twinkies. Always check labels. Majority are peanut free.
- Dare Cookies and Whippets (Some flavors they have are Maple, Lemon, Fudge, and Coconut)
- Chips Ahoy Original
- Oreo Cookies Original flavor
- Clyde's Donuts (All flavors)
- JJ Bakery pies (All flavors)
- Lofthouse Cookies (Always check labels) Majority are listed as nut free clearly on the package.
- Two Bites Cupcakes (All flavors)
- Freshness Guaranteed Cupcakes, Cookies, and Muffins. Always check labels. The nut free options are clearly marked with a nut free symbol.

Frozen

- Land o' Lakes Ice Cream in vanilla or chocolate
- Lugi's real Italian Ice
- Budget Saver popsicles
- Kool aid Pops
- Rich's Ice cream. This can only be found through a distributor. The school can order through the cafeteria but you would have to order well in advance.