



Peanut Safe Snack List

At any time, food companies can change a product ingredient list. Always check labels to be sure. Some products are ok at one store, and at another store they have a peanut/tree nut warning because they are manufactured in a different facility. Companies have multiple locations and different products at each factory location. A good example is the Special K Bars (strawberry flavor), if you buy the Special K Bars (strawberry flavor) at Wal-Mart they do not contain an allergy warning, but if you purchase these bars at festival, CVS pharmacy, or Walgreens it contains a peanut warning.

Bakery/Deli Cupcakes and Cookies		
Two Bites Cupcakes, cookies, scones	<ul style="list-style-type: none"> Walmart, Woodman's, Festival (Request in at local Dollar General) Peanut free symbol on majority of the packages. 	
Stars and Stripes Cupcakes & Cookies	<ul style="list-style-type: none"> Walmart and Woodman's Peanut free symbol on package (must have it) 	
Lofthouse Cookies	<ul style="list-style-type: none"> Walmart in Tomah Peanut free symbol on package (must have it) 	
Flavorful Favorites	<ul style="list-style-type: none"> Walmart and Woodman's Peanut free symbol on package (must have it) 	
The Bakery	<ul style="list-style-type: none"> Walmart Peanut free symbol on package (must have it) 	
Enjoy Life Brand cookies, granola bars, breakfast bars	<ul style="list-style-type: none"> Walmart, Woodman's, Target Free of the top 8 allergens (more expensive) 	
Crackers	Chips	Chips (cont'd)
<ul style="list-style-type: none"> HONEY MAID GRAHAMS Original, Cinnamon, Chocolate Crackers TEDDY GRAHAMS Chocolate Chip, Honey, Chocolate, and Cinnamon SCOOBY DOO GRAHAMS ORIGINAL FULL SIZE RITZ WHEAT THINS—Majority of the flavors are safe just check the box WHEAT THINS POPPED—All flavors are safe NABISCO SALTINE CRACKERS PEPERIDGE FARM GOLD FISH Cheddar, Pretzel, Wholegrain, Baby, Color CHEEZE IT—Cheddar, White Cheddar CHEESE NIPS—Majority of flavors are safe QUAKER RICE SNACK Cheddar, Chocolate, and Carmel Corn QUAKER POPPED Majority of flavors are safe 	<ul style="list-style-type: none"> DORITOS Cool Ranch, Nacho Cheese BAKED Chips Ruffles, Lays, Cheetos SUN CHIPS ROLD GOLD Original Sticks, Cheddar, Honey Mustard, Thins, Checkers LAYS POTATO CHIPS PRINGLES Original, Sour Cream, Cheddar Cheese, Ranch, Multi Grain, Creamy Ranch, BBQ, Honey Mustard, and Salt and Vinegar LAYS STAX Sour Cream and Onion, Original, Cheddar MUNCHIES Cheese Fix, Ultimate Cheddar 	<ul style="list-style-type: none"> OLD DUTCH RESTAURANT STYLE CHIPS Bite size, Original, White Corn, Dill Pickle, Onion Garlic, and Rip L RIPPLES French Onion, Cheddar, Sour Cream, and Original CHEETOS Twist Puffs, Puffs, and Crunchy RUFFLES Original, Cheddar Sour Cream, and Sour Cream and Onion DORITOS Cool Ranch, Nacho Cheese FUNYUNS MISSION TORTILLA STRIPS DUTCH CRUNCH ORIGINAL

Fruit	Juice/Drinks	Other
<ul style="list-style-type: none"> • DOLE CANNED FRUIT • DEL MONTE CANNED FRUIT • DEL MONTE DICED FRUIT CUPS • DEL MONTE FRUIT BLASTS Mixed Berry, Peach, Mango, Pomegranate, Strawberry, Blueberry • DOLE DICED FRUIT CUPS • DOLE FRUIT SQUISHEMS Apple, Mixed Berry, Apple Strawberry • MOTT'S APPLESAUCE Strawberry, Natural, Mixed Berry, Granny Smith • MUSSELMAN'S APPLESAUCE • INDIAN SUMMER APPLESAUCE • GOGO SQUEEZE Most flavors are safe 	<ul style="list-style-type: none"> • GOT MILK MAJIC STRAWS Strawberry and Chocolate <p style="text-align: center;"><i>Majority of juices and juice drinks are ok. Check store brands/generics for allergy warnings</i></p> <ul style="list-style-type: none"> • SUNNY D JUICE • MINUTE MAID JUICES • SIMPLY JUICES • HAWAIIAN PUNCH • JUICY JUICE • WELCHE'S JUICE • OCEAN SPRAY JUICE • V8 JUICE • CAPRI SUN • KOOL-AID JAMMERS • FRUITABLES • HI-C • GATORADE • HUG 	<ul style="list-style-type: none"> • SUN SWEET PRUNES • SUN MAID RAISINS • CRAISINS • KELLOGGS FRUIT SNACKS • GUSHERS • FRUIT BY THE FOOT • KRAFT JET PUFFED MARSHMELLOWS Original flavors • RICE CRISPIES TREATS Original flavor • HORMEL PEPPERONI Original, Turkey • JACK LINKS BEEF JERKEY Original and Teriyaki

Bread	Dairy	Frozen
<ul style="list-style-type: none"> • DAVIDS DELI BAGLES Plain, Blueberry, Onion, French Toast, and Cinnamon Raisin • SARA LEE BAGLES Cinnamon Raisin, Plain, Blueberry • SARA LEE BREADS Cinnamon with Raisins, Cinnamon Swirls, Strawberry • SARA LEE BREADS Wheat, White • SARA LEE SWEET HAWIIAN ROLLS • TREASURE MILLS SCHOOL SAFE BARS 	<ul style="list-style-type: none"> • KEMPS YO-J • GO-GURT (Yoplait) • TRIX (Yoplait) • DANIMALS (Yoplait) • YOPLAIT BASIC FLAVORS • YOPLAIT KIDS LINE • DANNON DAN-O-NINO • FRIGO CHEESE HEADS SWIRL STRING CHEESE • CRYSTAL FARMS STRING CHEESE • KRAFT STRING CHEESE • SARGENTO STRING CHEESE • CRYSTAL FARMS SLICED CHEESE Cheddar, Mozzarella • KRAFT SLICED CHEESE Majority of basic flavors, check back of package • KRAFT SINGLES • SARGENTO FUN CHEESE SHAPES • JILLY'S GELATIN • JELLO PUDDING Chocolate, Butterscotch, Vanilla, and Tapioca 	<ul style="list-style-type: none"> • <u>PIZZAS (Great choice for classroom parties)</u> DiGiorno, Red Barron, Tombstone, Jacks, Orvs, Roma, Totino's • TOASTER STRUDEL Cinnamon Roll, Boston Cream Pie, Apple, Strawberry Cream Cheese, Strawberry, Pumpkin Pie, Wildberry, Cherry, Blueberry • MINUTE MAID JUICE BARS • LUIGIS REAL ITALIAN ICE • BUDGET SAVER POPSICLES All flavors are peanut free • PHILLY SWIRL BRAND Swirls Stix, Mystery Flavors, Swirls Candy Spoons • Land O Lakes Ice Cream (Only Vanilla) Sold at Woodman's and Festival Foods • COOL WHIP • FROZEN FRUIT - Dole and Great Value (please always check Great Value packaging due to possible facility changes)

Ice Cream Toppings	Candy	Popcorn
<ul style="list-style-type: none"> HERSHEY'S SYRUP Chocolate, Carmel, Strawberry, and Specialty Dark Chocolate HERSHEY'S FUDGE TOPPING Carmel, Hot Fudge, and Specialty Dark Fudge <u>GREAT VALUE BRANDS ARE NOT SAFE FOR ANY ICE CREAM TOPPING, SPRINKLES, or FUDGE TOPPING</u> KRAFT JET PUFFED MALLOW BITS are safe and a great supplement for sprinkles HONEY-Disney Winnie the Pooh, Pure Mel-O Honey, Busy Bee ANDES CANDY BAKING BITS (in the chocolate chip section at Walmart) SIXLET PEARLS-in the baking section where the sprinkles are they have these in every size and color HERSHEY'S CHOCOLATE CHIPS-Specialty Dark, Mini, Semi-Sweet, and Milk Chocolate CAKE MATE Sequin Celebration Confetti JOY CLASSIC WAFFLE CONES JOY WAFFLE BOWLS JOY COLOR CUPS JOY MINI CUPS 	<p><i>The Tootsie Roll brand of candy is one of the few safe brands. Their website has a long list of their products.</i></p> <p><u>ALL TOOTSIE PRODUCTS ARE:</u> <u>Gluten-Free (except Andes cookies)</u> <u>Peanut/Nut-Free</u> <u>Peanut Free Symbol</u></p> <ul style="list-style-type: none"> TWIZZLERS Majority are OK check bag CHARLSTON CHEW-all sizes LAFFY TAFFY STARBURSTS SKITTLES (Some-depends on manufacturer) TOOTSIE ROLLS LIFE SAVORS BLOW POPS DUMDUM SUCKERS SMARTIES FULL SIZE HERSEY BARS HERSEY KISSES Dark Chocolate, Milk Chocolate, Cookies & Cream MIKE and IKE JUNIOR MINTS TROLLI WORMS HARIBO GOLD BEARS CARMEL APPLE POPS ANDES CANDIES GIMBAL'S FINE CANDY Gourmet Jelly Beans (these look and taste like Jelly Belly's without the peanut butter flavored bean. It is made in a nut free facility) AIRHEADS 	<ul style="list-style-type: none"> KERNEL SEASON'S (All Flavors) The facility is peanut free and all flavors are safe KERNEL SEASON'S BUTTER SPRAY KERNEL SEASON'S KERNALS ORVILLE KERNALS JOLLY TIME SELECT KERNALS MICROWAVE ACT II POPCORN (Bagged)-Flavors: 94% Fat Free, Butter, and Butter Lovers MICROWAVE POP SECRET MOVIE THEATER BUTTER -(bagged) <p><i>If you would like have popcorn as a birthday treat, please bring in a safe brand of popcorn kernels, seasoning, and butter spray a few days in advance. I will pop it using an oil free air popper. Butter spray and Kernel's Season's all Seasoning Flavors make it a fun and special treat.</i></p> <p><u>Cookies</u></p> <ul style="list-style-type: none"> NILLA WAFFERS BY NABISCO Original and Mini NEWTONS THINS Chocolate Raspberry, Blueberry, Cranberry, Fig and Honey, and Apple Cinnamon Oat FIG NEWTONS Original, Triple Berry, Strawberry, and Raspberry

