

OCTOBER 2024

Cardinal Express

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Taco on a tortilla
w/toppings
Corn
Chips
Pineapple

Brat on a Bun
Sour kraut and diced onions
Baked Beans
Chips
Pears

Chicken Breast Parmesan
Pasta
Bread & Butter
Canned Applesauce

Pizza
Crackers
Left over Fruit
Treat

ALL
Walking Tacos
Fiesta Beans
Corn
Strawberry Cups

Chicken Fajita Rice Bowl
Chips
Peach Cup

Meatball Sub
Cheese Crackers
Fruity Juice
Applesauce

Chicken Patty
(hot or spicy?)
Buttered Noodles
& Seasoning
Blueberries
Treat

No School

Pizza
Graham
Pears

Loaded Taco Potatoes
Cheese Sauce (Queso)
Fiesta Beans
Canned Applesauce

Bacon Cheeseburger on a
Bun
Chips
Mixed Fruit

Turkey with Gravy over
Mashed Potatoes
Bread & Butter
Graham
Pineapple

Pizza
Crackers
Left over Fruit
Treat

Pizza
Chips
Pears

Beefy Nachos
Tortilla Chips
Fiesta Beans
Corn
Blueberries

Mozzarella Sticks with
Marinara Sauce
Cheezits
Warm Cinnamon Apples
Muffin

General Tso's Rice Bowl
Asian Veggies
Sliced Peach
Treat

No School

Pizza
Chips
Sliced Apples w/caramel

Taco Soup w/toppings
Frito Chips
Strawberry Cup

Egg Rolls
Fried Rice
Steamed Cabbage
Pineapple

Chicken Wings w/Sauce
Potatoes
Crackers
Dinner Roll
Frozen Fruit Cup

