



NOVEMBER 2024

Cardinal Express

This institution is an equal opportunity provider.

Menu is subject to change.

A variety of milk is offered daily.

Fresh garden bar offered daily.

Monday

Tuesday

Wednesday

Thursday

Friday

Pizza
Cracker
Pears

4

Enchiladas
Tortilla Chips
Fiesta Beans
Tropical Fruit

5

Chicken Tender Wrap w/shredded
lettuce and diced tomatoes
Chips
Applesauce
Veggie Juice

6

Orange Chicken over rice for all
Fortune Cookie
Broccoli
Mandarin Oranges
Treat

7

No School
PD Day

8

Pizza
Cheezits
Apple Crisp

11

Tacos w/Toppings
Graham
Fiesta Beans
Mixed Fruit

12

Pub Cheeseburger w/Toppings
Fries
Strawberries

13

Lasagna Rollups
Garlic Bread
Pineapple

14

Pizza
Graham
Fruit Choice
Treat

15

Pizza
Graham
Peaches

18

Cheeseburger on a Bun
Chips
Pears

19

Holiday Meal
Turkey w/the Trimmings
Mashed Potatoes, Sweet Potatoes,
Cranberries
Stuffing
Pumpkin Pie Fluff

20

Zesty Herb Chicken on Noodles
Bread & Butter
Applesauce
Treat

21

Pizza
Crackers
Mixed Fruit

22

Pizza
Cracker
Pineapple

25

Mexican Chicken Wrap w/Rice
Refried Beans
Peaches

26

No School

27

No School

28

No School

29

ALL NECEDAH STUDENTS MAY EAT BOTH BREAKFAST AND LUNCH AT NO CHARGE TO FAMILIES FOR THIS SCHOOL YEAR.

Students may choose the daily posted menu OR the alternate meal choice. Elementary 2nd Choice is a -Yogurt Cup-String Cheese-Crackers They may also choose any of the other menu items listed for that day. This option is available daily. Reminder that all students must choose a full serving (1/2c) Of fruit or vegetables daily for their meal. They can choose both if desired. Breakfast is offered daily to all students requiring them to take 3 components with juice or fruit being one of them.