



OCTOBER | 2017

NECEDAH MIDDLE/ HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Day 6 Mini Cheese Ravioli Garlic Toast OR BBQ Chicken Bites Green Beans Fruit Choice Fresh Veggies Milk Choice B- Mini Cinnamon Rolls	3 Day 1 Chicken Tenders OR Taco Pizza Animal Crackers Wisconsin Vegetables Fruit Choice, Fresh Veggies Milk Choice B- Cereal/ String Cheese	4 Day 2 Cheese Omelet, Biscuit, Sausage Links OR Calzone, Muffin Applesauce Fresh Veggies Milk Choice B- Dutch Waffle	5 Day 3 Chicken Drumsticks OR Cardinal Burger Mashed Potatoes Dinner Roll/Marg. Steamed Corn Fruit Choice Fresh Veggies Milk Choice B- Mini Pancakes	6 Day 4 Hot Dog on Bun OR Baked Potato Bar Baked Beans, Roasted Broccoli Fruit Choice, Fresh Veggies Milk Choice Ice Cream Treat B- WG Donut
9 Day 5 Cheese Quesadilla w/ Lettuce and salsa OR Chili Cheese Fries Grahams Fruit Choice, Fresh Veggies Milk Choice B- Cereal Bar	10 Day 6 Corn Dog OR Pepperoni Bosco Sticks Triangle Potato Fruit Choice Fresh Veggies Milk Choice B- Egg/Cheese Sandwich	11 Day 1 Pepperoni Pizza OR Cheesy Flatbread Fresh Carrots & Cucumbers Fruit Choice, Milk Choice Cookie B- Yogurt/Grahams	12 Day 2 Cheeseburger on Bun OR Chicken Tenders Sun Chips Sweet Steamed Peas Fruit Choice, Fresh Veggies, Milk Choice B- Breakfast Pizza	13 No School Professional Development Day
16 Day 3 Cheesy Pizza Dippers OR Chicken Nuggets Grahams Steamed Broccoli Fruit Choice, Fresh Veggies Milk Choice B- Mini Cinnamon Rolls	17 Day 4 Breaded Chicken Drumstick OR French Dip Seasoned Rice CA Blend Vegetables Fruit Choice, Fresh Veggies Milk Choice B- Cereal/ Boiled Egg	18 Day 5 Pancakes/Syrup Scrambled Egg Patty Hash Brown Patty OR Meatball Sub Fruity Juice, Fruit Choice Garden Bar, Milk Choice B- Choc Chip Bar	19 Day 6 Toasted Cheese Sandwich Tomato Soup/ Crackers OR Cardinal Burger Fresh Carrots/Cucumbers Frozen Fruit Cup Garden Bar, Milk Choice B- Mini Waffles	20 Day 1 Chicken Nuggets OR Baked Potato Bar Goldfish Crackers Roasted Cauliflower Fruit Choice, Fresh Veggies Milk Choice B- WG Donut
23 Day 2 Macaroni and Cheese OR BBQ Chicken on Bun Dinner Roll/Marg. Sweet Steamed Peas Fruit Choice, Fresh Veggies Milk Choice B- Cereal Bar	24 Day 3 Walking Taco w/ Lettuce and salsa OR Cheesy Flatbread Grahams Fruit Choice, Steamed Corn Garden Bar, Milk Choice B- Breakfast Pizza	25 Day 4 Cheese Pizza OR Asian Noodles/Egg Roll Steamed Sliced Carrots Fruit Choice, Fresh Veggies Milk Choice Mini Rice Krispie Treat B-YogurtSmoothie/ grahams	26 No School Parent/Teacher Conferences (1pm-7pm)	27 No School Fall Break
30 Day 5 Mini Cheese Ravioli Soft Warm Breadstick OR Chicken Fajita Lettuce salad/dressing Fruit Choice Fresh Veggies Milk Choice B- Mini Cinnamon Rolls	31 Day 6 Chicken Patty on Bun OR Calzone Frightful Fritos Broomstick Broccoli Goulash Grapes Graveyard Veggies, Milk Choice B-Cereal/String Cheese			

LUNCH INFO

Students may choose their meal from the Main Line Lunch (left side)-2 choices daily OR from the additional choices on the Express and More (right side)

All students must choose a full serving of fruit or veggies with their meals and are encouraged to choose both
EXPRESS DAILY OPTIONS:

MONDAYS: Cheeseburger, Breaded Chicken Patty, GARLIC CHEESY BREAD/sauce

TUESDAYS: Spicy Chicken Patty, Chicken Wrap and a TACO TUESDAY OPTION

WEDNESDAYS: Cheeseburger, Breaded Chicken Patty, and RICE BOWL

THURSDAYS: Breaded Chicken Patty, Rib Patty and COOKS CHOICE

FRIDAYS: Cheeseburger, Breaded Chicken Patty and A FISH, CROISSANT OR PRETZEL ROLL SANDWICH

**** Please note that all extra entrees will now cost \$1.50 each

BREAKFAST- MULTIPLE OPTIONS DAILY STUDENTS MUST TAKE A FRUIT OR JUICE FOR A MEAL

- Menu subject to change based on weather and product availability