



# OCTOBER | 2017

## NECEDAH ELEMENTARY SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Day 6 Mini Cheese Ravioli Garlic Toast Green Beans Fruit Choice Fresh Veggies Milk Choice B- Mini Cinnamon Rolls	<b>3</b> Day 1 Chicken Tenders Animal Crackers Wisconsin Vegetables Fruit Choice Fresh Veggies Milk Choice B- Cereal/ String Cheese	<b>4</b> Day 2 Cheese Omelet, Muffin Sausage Links Fruity Juice Applesauce Fresh Veggies Milk Choice B- Dutch Waffle	<b>5</b> Day 3 Chicken Drumsticks Mashed Potatoes Steamed Corn Fruit Choice Fresh Veggies Milk Choice B- Mini Pancakes	<b>6</b> Day 4 Hot Dog on Bun Baked Beans Roasted Broccoli Fruit Choice Fresh Veggies Milk Choice Ice Cream Treat B- WG Donut
<b>9</b> Day 5 Cheese Quesadilla w/ Lettuce and salsa Grahams Fruit Choice Fresh Veggies Milk Choice B- Cereal Bar	<b>10</b> Day 6 Corn Dog Triangle Potato Fruit Choice Fresh Veggies Milk Choice B- Egg/Cheese Sandwich	<b>11</b> Day 1 Pepperoni Pizza Fresh Carrots & Cucumbers Fruit Choice Milk Choice Cookie B- Yogurt/Grahams	<b>12</b> Day 2 Cheeseburger on Bun Sun Chips Sweet Steamed Peas Fruit Choice Fresh Veggies Milk Choice B- Breakfast Pizza	<b>13</b> No School  Professional Development Day
<b>16</b> Day 3 Cheesy Pizza Dippers Grahams Steamed Broccoli Fruit Choice Fresh Veggies Milk Choice B- Mini Cinnamon Rolls	<b>17</b> Day 4 Breaded Chicken Drumstick Seasoned Rice CA Blend Vegetables Fruit Choice Fresh Veggies Milk Choice B- Cereal/ Boiled Egg	<b>18</b> Day 5 Pancakes/Syrup Scrambled Egg Patty Fruity Juice Fruit Choice Garden Bar Milk Choice B- Choc Chip Bar	<b>19</b> Day 6 Toasted Cheese Sandwich Tomato Soup/ Crackers Fresh Carrots/Cucumbers Frozen Fruit Cup Garden Bar Milk Choice B- Mini Waffles	<b>20</b> Day 1 Chicken Nuggets Goldfish Crackers Roasted Cauliflower Fruit Choice Fresh Veggies Milk Choice B- WG Donut
<b>23</b> Day 2 Macaroni and Cheese Dinner Roll/Marg. Sweet Steamed Peas Fruit Choice Fresh Veggies Milk Choice B- Cereal Bar	<b>24</b> Day 3 Walking Taco w/ Lettuce and salsa Grahams Fruit Choice Steamed Corn Garden Bar, Milk Choice B- Breakfast Pizza	<b>25</b> Day 4 Cheese Pizza Steamed Sliced Carrots Fruit Choice Fresh Veggies Milk Choice Mini Rice Krispie treat B-Yogurt Smoothie/ grahams	<b>26</b> No School Parent/Teacher Conferences (1pm – 7pm)	<b>27</b> No School  Fall Break
<b>30</b> Day 5 Mini Cheese Ravioli Soft Warm Breadstick Lettuce salad/dressing Fruit Choice Fresh Veggies Milk Choice B- Mini Cinnamon Rolls	<b>31</b> Day 6 Chicken Patty on Bun Frightful Fritos Broomstick Broccoli Goulash Grapes Graveyard Veggies Milk Choice B-Cereal/String Cheese			

### MENU INFO

Students can choose the daily listed menu daily OR they can choose the alternate menu choice. The alternate menu choice is:  
 - Yogurt Cup  
 -String Cheese -Crackers  
 \*\*The alternate choice is available daily

The students who choose the alternate may choose from all other menu items offered on that day.

Reminder that all students must choose a full serving (1/2c) of fruit or vegetables Daily with their meal.

### BREAKFAST

Daily breakfast menu is listed With B-

\*\* We are offering Breakfast to All prek-5 students at no cost To families!

We invite all students to start their day with a healthy breakfast at school. Beginning October 1 if you come to the cafeteria to eat, you can choose the item(s) on the menu

OR can pick from a variety of cereal or bars for your meal. Offered daily:  
 -Juice and Fruit Choices  
 -Milk Choices

\*\* All students must choose 3 of 4 items & 1 must be a juice/fruit with their meal.